



Welcome to i-SUSTAIN's delegation to **Cuba** to take place from **March 25 - March 31, 2016**.

Cost of the Study Tour:

Regular Registration Price (**until Jan 31**): **\$5,375** Late Registration Price (**Feb. 1 and later**): **\$6,250** The above prices include airfare Miami/Havana/Miami

*Don't want a roommate? Single occupancy accommodations are available for an additional **\$695**.

Please note the following:

If you don't sign up before the trip for a shared room then decide you prefer a single room once you get to the tour city, an additional \$200 will be charged in addition to the normal \$695 single occupancy fee.

If you prefer to share a room but no shared room is available, you will be required to pay the single room occupancy rate.

Payment Schedule:

Down payment of **\$2,688** is due with application. **Remainder is Jan. 29**. Any payments after Regular Registration Date must be made in full.

The fee includes:

- Accommodations (double occupancy)
- Breakfast every day
- Meals as listed in the itinerary (including tips)
- The Program: all site visits and presentations.
- All Program-related transportation in an conditioned bus throughout the trip equipped with cold water at all times

- Admission to all museums and public buildings listed in itinerary
- Cuba Cultural Travel Escort and local Cuban tour guide
- Cuban Tourist Card/Visa
- Cuban Airport Departure tax (25 CUC = \$25 USD)
- Health insurance and emergency evacuation coverage (excluding pre-existing conditions)
- Compliance with US Treasury Department

The fee does not include:

- Airline baggage fees (\$20 per bag, \$2.00 per pound over 44 pounds)
- Airfare Miami/Havana/Miami
- Meals other than listed on itinerary or described as on your own
- Gratuities for guide and driver (recommended amount is 5-7 CUC per person per day for guide, and 3-5 CUC per person per day for driver)
- Individualized hotel expenses (mini bar, room service, laundry fees, etc)
- Trip cancellation insurance
- Expenses at bars and nightclubs

Please note your passport must be valid for 6 months after the dates of travel.

Health Insurance/Travel Insurance

Cuban Authorities have mandated that all tourists entering Cuba carry health insurance and emergency evacuation coverage. **This coverage is included** as part of your airfare through the charter company. This coverage will pay your medical expenses (excluding pre-existing conditions) up to 25,000 CUC and pay up to 7,000 CUC for repatriation or transportation. You may choose to purchase additional coverage through a U.S. insurance provider though this is not mandatory to enter Cuba.

Though travel insurance is optional, it is highly recommend. It has been found that Travel Insurance Select to be a reliable partner. Act quickly to make sure you are eligible for early purchase benefits including the Pre-Existing Conditions Exclusion Waiver. Comprehensive insurance covers you for things like trip cancellation, trip interruption, or lost luggage. While we hope none of these unfortunate events occur, it is a relief to travelers when they have coverage.

Travel Insurance Services - www.travelinsure.com/cobrand/select/cubaculturaltravel - (800) 937-1387

Please know that you are not limited to the above company. Other companies include:

Travel Guard - www.travelguard.com - (800) 826-4919 - (Agent ID 254276)
Please note, trip cancellation insurance may not be purchased over the phone from Travel Guard.

TravelEx - www.travelex.com - (800) 228-9792

Registration & Application Process

Please complete the registration form below and include with your payment in the form of a check. We do not accept credit cards.

___ Regular Registration Fee **\$5,375** ___ Late Registration Fee **\$6,250**
___ Single Occupancy Surcharge **\$695**

Make checks payable to i-SUSTAIN, Inc. and mail to:

i-SUSTAIN
1018 E. Capitol St. NE Washington, DC 20003

Registration Form (please complete)

Today's Date: _____

Name: _____ Title _____

Organization: _____

Phone: _____ Cell Phone: _____

e-mail: _____

Assistant's
Name: _____

Assistant's Phone: Assistant's e-mail: _____

How did you hear about this tour? _____

Your name as it appears on passport: _____

Passport Number: Exp. Date: _____

Emergency Contact (name and phone) _____

Medical Information Form

Please answer the following questions keeping in mind that they are designed to give us information we will need if you require healthcare.

1. Do you have health insurance? _____
Does it offer coverage abroad? _____
Name of health insurance carrier _____
Policy number _____

2. Please indicate any aspect of your health that you want us to know about that may affect you during this trip (back pain, diabetes, allergies, epilepsy, etc.) Explain what medications and treatment are necessary and describe any allergic reactions or other side effects to medication.

3. Do you have any special dietary needs? If so, specify.

4. i-SUSTAIN delegations require some degree of physical exercise, including but not limited to fast-pace walking and bicycling. If you are not comfortable, we will try to make other arrangements for you. By participating in this professional research mission you release all liability from i-SUSTAIN for injuries or other damages that arise from your participation in this professional research mission.

I have answered the above questions to the best of my knowledge and have not withheld any relevant information.

Signature _____ Date _____